

# Nutrition Standards for All Food & Beverages Sold in Schools

## APPLICABILITY - INCLUDES ALL FOODS & BEVERAGES SOLD:

- **A la Carte in the Cafeteria**
- **In School Stores**
- **Snack Bars**
- **Vending Machines**
- **Fundraising**

The Smart Snacks Regulations are mandated by the United States Department of Agriculture.

## WHAT IS A SCHOOL DAY?

A school day is the period from the midnight before to 30 minutes after the end of the official school day

## WHAT IS A COMPETITIVE FOOD AND/OR BEVERAGE?

Any item(s) sold on the school campus, during the school day that is not part of the reimbursable school meal.

For more information, please contact the SAISD Child Nutrition Services Department at 554-2290.



## HOW DO I KNOW WHAT ITEMS ARE ALLOWED?

- Use information provided on the items package- Nutrition Facts Label
- Enter information into calculator
  - <https://foodplanner.healthiergeneration.org/calculator/>

## FUNDRAISERS

All foods that meet the regulatory standards:

May be sold as fundraisers

On the school campus

During school day

Standards do not apply to:

Items sold during non-school hours

Items not for consumption at the school

Off-campus fundraising events

Items sold to “non” students

## Record Keeping

All schools are responsible for keeping the following records:

- Purchase receipts
- Nutrition labels
- Information about sales (time, place, date, etc.)
- Product specifications
- Report from smart snacks calculator showing compliance



